



“Starvation As A Weapon: Medical Consequences And Global Ethical Responsibilities” Conference

This is not just a conference

**IT'S A
MOBILIZATION
CONFERENCE**

Join us to amplify the voices of Gaza's health professionals, demand humanitarian access, and push for global accountability.



17-19 OCTOBER 2025 / 15:00-18:00 GMT

Document, Engage, Solve and Boycott.

For registration and info, please visit:

WWW.HHHUB.ORG



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An urgent and important Humanitarian event about Famine Medicine

An urgent Virtual medical conference will be conducted by the "Humanitarian Health Hub", convening global health experts to dissect the anatomy of a man-made famine and forge a path toward healing. Also, they will be encouraged to take their ethical responsibilities.

DAY 01**17-OCTOBER-2025****15:00 - 18:00 GMT****OPENING REMARKS 5MIN****Prof. Mohamed Reda Awad**
Prof. Dr Mohamed Youssef**15:10****Sari Bashi**

Human Rights Lawyer

Genocide By The Regulations: How The Occupational Military Bureaucracy Blocks Aid (10 min).**SESSION 1****History's shadow : Learning From The Famine of the Recent Past****Chairperson:** Dr Abeer Omar**Moderator :** Dr Asma Gamal

TIME	TOPIC	SPEAKER
15:20	A Century of Famine: Historical Precedents, Survival Mechanisms, and Lessons for Gaza (15 min).	Prof. Mohamed Reda Awad Professor Of Rheumatology And Physiotherapy Azhar University
15:35	Gaza As A Case Study: The Gradual Engineering of Famine (15 min).	Mr Iyad Amawi NGO And Palestinian Humanitarian Coordinator
15:50	Man-made famines in Modern History: Case Studies From Canada, The Soviet Union, and Nazi Germany (15 min).	Prof. Caroline Durand Professor, History Department, Trent University
16:05	Q&A (10 min)	

BREAK

16:20

**Sarah Leah
Whitson**

American Lawyer
And Executive
Director Of (Dawn)

Ask Sarah About Accountability For Man-Made
famine in Gaza (10 min)

SESSION 2

The Body Under Siege: The Physiological Effects Of Starvation

Chairperson: Dr Atef Abdelazeem

Moderator : Dr Serena Cruz

TIME	TOPIC	SPEAKER
16:30	Effect Of Famine On The Immune System (15 min).	Prof Atef Abdelazeem Emeritus Professor of Internal Medicine & Rheumatology Cairo University
16:45	Starvation And It's Effects On Gaza Students, Case Studies (15 min).	Prof. Zahid Pranjol Associate Dean (Education & Students) Professor Of Biomedical Science Education
17:00	Maternal And Fetal health: How Famine Affects Them? (15min).	Dr Ahmed Lotfy Consultant Obstetrician and Gynaecologist Practised in UK, New Zealand and Middle East.
17:15	Effect Of Famine On Child Health (15min).	Dr Ezzat Afify Consultant Paediatrician, Prince Charles Hospital Merthyr Tydfil , Wales, UK
17:30	Broken Bodies, Broken Lands: Musculoskeletal Health in the Shadow of War and Famine (15min).	Dr Arwa Badereldeen Consultant of Nutrition and Sport Medicine
17:45	Q &A (10 min)	

15:00

**Alicia
Koutsoulieris**Amnesty International
Country Specialist**Hunger & Human Rights: Starvation as a
weapon of war (10 min)****SESSION 3****Gaza By The Numbers :A Data-Driven Crisis****Chairperson:** Dr Salma Afify**Moderator :** Dr Asma Gamal

TIME	TOPIC	SPEAKER
15:10	Malnutrition Rates, Outbreaks of Infectious Diseases, Maternal Mortality And Attacks on Healthcare(15 min).	Prof Samer Abuzerr Professor, Of Environmental And Public Health
15:25	Official Famine Figures From Gaza's Main Authority (15 min).	Dr Moneer Al Bursh Director of Palestinian Ministry of Health - Gaza
15:40	Nutritional Effects On The Brain And Brain Development (15 min).	Dr Neil Fournier Associate Professor, Department of Psychology, Trent University
15:55	Catastrophic famine in Gaza: Unprecedented levels of hunger. A real population-based study from the Gaza Strip (15 min)	Prof MoezAllslam Ezzat Faris Human Nutrition and Dietetics . Faculty of Allied Medical Sciences Applied Science Private University, Amman, Jordan
16:10	International humanitarian law and solidarity based medical practice in austere environment (15 min)	Dr Junid Sultan Consultant vascular surgeon Honorary lecturer Educator and trainer Humanitarian (missions to conflict and disaster zones)
16:25	Q&A (10 min)	

BREAK

SESSION 4

The Invisible Wounds: Psychological And Social Trauma

Chairperson: Prof. Sahar Talat

Moderator : Dr Ahmed Metwally

TIME	TOPIC	SPEAKER
16:40	Long-Term Neurological Consequences of Starvation (15 min).	Prof. Khamis Elessi Professor & Head Of Evidence-Based Medicine Unit Faculty Of Medicine - Islamic University, Gaza
16:55	Psychological Trauma and the Loss of the Next Generation: Children Under Fire and Famine (15 min).	Mr Iyad Amawi NGO And Palestinian Humanitarian Coordinator
17:10	The Silent Mental Health Crisis in Starvation Zones and Ethical Responsibility for Psychological Recovery (15 min).	Prof. Sahar Talaat UKCP Registered Trauma Informed Psychotherapist
17:25	Epigenetics and Trauma (15 min).	Prof. Rana Dajani Professor of Molecular Biology At The Hashemite University in Jordan
17:40	A Personal Account Of The Psychological Impact Of Genocide On Palestinians In Gaza and Their Families In The Diaspora (15min).	Prof Maher El-Masri. Professor and Former Director, School of Nursing, Toronto Metropolitan University, Canada
17:55	Q &A (10 min)	

15:00

Medea BenjaminPolitical Activist And Co-
Founder Of Codepink**Starvation and US policy change (10 min)****SESSION 5****A Failure of Humanity: Ethical And Medicolegal Imperatives****Chairperson:** Prof Mohamed Youseef**Moderator :** Dr Ahmed Metwally

TIME	TOPIC	SPEAKER
15:10	The Famine in Gaza From The Perspective Of The Healthcare Professionals; Insights From The Global And Israeli Medical Communities.(15 min).	Dr Ahmed Elsarawy MD of surgical Oncology ,Cairo university
15:25	The Ethical Duty Of The Global Health Community (15 min).	Dr Abdelnaser Ibraheem PhD of Forensic Anthropology Master Degree of Clinical Toxicology Diploma of Tropical Medicine
15:40	A Sense of Urgency:Strategies and Instrument for Intervention to Address the Famine in Gaza (15 min).	Dr Gutbi Al Mahdi Former ambassador in the MOFA, a minister of social planning,a presidential advisor and member of parliament
15:55	Dismantling the Complicity of Medical and Academic Institutions (15 min).	Dr Huda Mahmoud Co-founded Pre-Hospital AID and chairs Global Health BDS for Palestine,
16:10	Survey (15 min)	

BREAK

SESSION 6

Beyond The Box: Innovative Solutions For Recovery

Chairperson: Hani Albannah

Moderator : Dr Arwa Badereldeen

TIME	TOPIC	SPEAKER (Alphabetically)
16:30	Action is the solution (15 min)	Yasmin Nasir Chef, TV Show Owner, Communication Specialist
16:45	The Role Of Complementary Therapies In Conflict And Low Resource Settings (15 min).	Prof Ahmed Metwally professor of Natural Products, Faculty of Pharmacy at Al-Azhar University, Cairo, Egypt
17:00	Buying Local, Saving Lives: A Case Study on Overcoming Aid Obstruction in Gaza (15 min).	Dr Hala Abdelkahlek Reform strategist, public administration scholar, and social entrepreneur
17:15	Resilient Health for Gaza: A Public-Private Partnership Model with Islamic Insurance, Digital Health, and Global Collaboration (15 min).	Dr Hanan Qannan & Mr. Abdelrahman Shat Islamic Relief South Africa
17:30	Hidden reasons for aid and blockade: Nutritious food, and innovative solutions (15 min).	Mr. Iyad Amawi NGO and Palestinian humanitarian coordinator
17:45	The Power of Individuals in Confronting Starvation as a Weapon(15 min).	Heba Rashed Founder and CEO Mersal
18:00	Demystifying the role of AI in Crisis Management (15min).	Prof Osama Mosalam International Healthcare Management Consultant for WHO, UNFPA, UNDP, JICA and USAID
18:15	Q &A (10 min)	

CLOSING REMARKS 10 MIN

Prof. Dr Sahar Talat
Dr Abeer Omar



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