



Humanitarian Health Hub  
"CARING GLOBALLY, HEALING LOCALLY"

# "Starvation As A Weapon: Medical Consequences And Global Ethical Responsibilities" Conference

This is not just a conference

## IT'S A MOBILIZATION CONFERENCE

Join us to amplify the voices of Gaza's health professionals, demand humanitarian access, and push for global accountability.



**17-19 OCTOBER 2025 / 15:00-18:00 GMT**

**Document, Engage, Solve and Boycott.**

For registration and info, please visit:

**WWW.HHHUB.ORG**



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# **An urgent and important Humanitarian event about Famine Medicine**

An urgent Virtual medical conference will be conducted by the "Humanitarian Health Hub", convening global health experts to dissect the anatomy of a man-made famine and forge a path toward healing. Also, they will be encouraged to take their ethical responsibilities.

# DAY 01

17-OCTOBER-2025

15:00 - 18:00 GMT

## OPENING REMARKS 5MIN

**Prof. Mohamed Reda Awad**  
**Prof. Dr Mohamed Youssef**

15:05

**Sari Bashi**

Human Rights Lawyer

Genocide By The Regulations: How The Occupational Military Bureaucracy Blocks Aid (10 min).

## SESSION 1

### History's shadow : Learning From The Famine of the Recent Past

**Chairperson:** Dr Abeer Omar

**Moderator :** Dr Asma Gamal

TIME	TOPIC	SPEAKER
15:15	A Century of Famine: Historical Precedents, Survival Mechanisms, and Lessons for Gaza (15 min).	<b>Prof. Mohamed Reda Awad</b> Professor Of Rheumatology And Physiotherapy Azhar University
15:30	Gaza As A Case Study: The Gradual Engineering of Famine (15 min).	<b>Mr Iyad Amawi</b> NGO And Palestinian Humanitarian Coordinator
15:45	Man-made famines in Modern History: Case Studies From Canada, The Soviet Union, and Nazi Germany (15 min).	<b>Prof. Caroline Durand</b> Professor, History Department, Trent University
16:00	Q&A (10 min)	

**10 MIN BREAK**



16:20

**Sarah Leah  
Whitson**

American Lawyer  
And Executive  
Director Of (Dawn)

Ask Sarah About Accountability For Man-Made  
famine in Gaza (10 min)

## SESSION 2

### The Body Under Siege: The Physiological Effects Of Starvation

**Chairperson:** Dr Atef Abdelazeem

**Moderator :** Dr Arwa Badereldeem

TIME	TOPIC	SPEAKER
16:30	Effect Of Famine On The Immune System (15 min).	<b>Prof Atef Abdelazeem</b> Emeritus Professor of Internal Medicine & Rheumatology Cairo University
16:45	Starvation And It's Effects On Gaza Students, Case Studies (15 min).	<b>Prof. Zahid Pranjol</b> Associate Dean (Education & Students)   Professor Of Biomedical Science Education
17:00	Maternal And Fetal health: How Famine Affects Them? (15min).	<b>Dr Ahmed Lotfy</b> Consultant Obstetrician and Gynaecologist Practised in UK, New Zealand and Middle East.
17:15	Effect Of Famine On Child Health (15min).	<b>Dr Ezzat Afify</b> Consultant Paediatrician, Prince Charles Hospital Merthyr Tydfil , Wales, UK
17:30	Broken Bodies, Broken Lands: Musculoskeletal Health in the Shadow of War and Famine (15min).	<b>Dr Arwa Badereldeem</b> Consultant of Nutrition and Sport Medicine
17:45	Q &A (10 min)	



15:00

**Alicia  
Koutsoulieris**Amnesty International  
Country Specialist**Hunger & Human Rights: Starvation as a  
weapon of war (10 min)****SESSION 3****Gaza By The Numbers :A Data-Driven Crisis****Chairperson:** Dr Salma Afify**Moderator :** Dr Asma Gamal

TIME	TOPIC	SPEAKER
15:10	Malnutrition Rates, Outbreaks of Infectious Diseases, Maternal Mortality And Attacks on Healthcare(15 min).	<b>Prof Samer Abuzerr</b> Professor, Of Environmental And Public Health
15:25	Official Famine Figures From Gaza's Main Authority (15 min).	<b>Dr Moneer Al Bursh</b> Director of Palestinian Ministry of Health - Gaza
15:40	Nutritional Effects On The Brain And Brain Development (15 min).	<b>Dr Neil Fournier</b> Associate Professor, Department of Psychology, Trent University
15:55	Q&A (15 min)	

**20 MIN BREAK**



## SESSION 4

**The Invisible Wounds: Psychological And Social Trauma****Chairperson:** Prof. Sahar Talat**Moderator :** Dr Ahmed Metwally

TIME	TOPIC	SPEAKER
16:30	Long-Term Neurological Consequences of Starvation (15 min).	<b>Prof. Khamis Elessi</b> Professor & Head Of Evidence-Based Medicine Unit Faculty Of Medicine - Islamic University, Gaza
16:45	Psychological Trauma and the Loss of the Next Generation: Children Under Fire and Famine (15 min).	<b>Mr Iyad Amawi</b> NGO And Palestinian Humanitarian Coordinator
17:00	The Silent Mental Health Crisis in Starvation Zones and Ethical Responsibility for Psychological Recovery (15 min).	<b>Prof. Sahar Talaat</b> UKCP Registered Trauma Informed Psychotherapist
17:15	Epigenetics and Truma (15 min).	<b>Prof. Rana Dajani</b> Professor of Molecular Biology At The Hashemite University in Jordan
17:30	A Personal Account Of The Psychological Impact Of Genocide On Palestinians In Gaza and Their Families In The Diaspora (15min).	<b>Prof Maher El-Masri.</b> Professor and Former Director, School of Nursing, Toronto Metropolitan University, Canada
17:45	Q &A (15 min)	



15:00

**Medea Benjamin**Political Activist And Co-  
Founder Of Codepink**Starvation and US policy change (10 min)****SESSION 5****A Failure of Humanity: Ethical And Medicolegal Imperatives****Chairperson:** Prof Mohamed Youseef**Moderator :** Dr Ahmed Metwally

TIME	TOPIC	SPEAKER
15:10	Man Made Famine:What The International laws And Medical Ethics Say About Them (15min).	<b>Prof Mohamed Saliem Alawa</b> Professor of criminal law and former Secretary-General of the International Union of Muslim Scholars
15:25	The Famine in Gaza From The Perspective Of The Healthcare Professionals; Insights From The Global And Israeli Medical Communities.(15 min).	<b>Prof Ahmed Elsarawy</b> MD of surgical Oncology ,Cairo university
15:40	Famine, Influence And Injustice(15 min).	<b>Dr Huda Mahmoud</b> Co-founded Pre-Hospital AID and chairs Global Health BDS for Palestine,
15:55	A Sesense of Urgency:Strategies and Instrument for Intervention to Adress the Famine in Gaza(15 min).	<b>Dr Gutbi Al Mahdi</b> Former ambassador in the MOFA, a minister of social planning,a presidential advisor and member of parliament
16:10	The Ethical Duty Of The Global Health Community (15 min).	<b>Dr Abdelnaser Ibraheem</b> Forensic Medicine and Toxicology Lecturer and Family Medicine Consultant
16:05	Poll (15 min)	

**15 MIN BREAK**



## SESSION 6

## Beyond The Box: Innovative Solutions For Recovery

Chairperson: Prof Hassan Hisham

Moderator : Dr Hala Abdelkhaleq

TIME	TOPIC	SPEAKER (Alphabetically)
16:35	The Role Of Complementary Therspies In Conflict And Low Resource Settings (15 min).	<b>DR Ahmed Metwally</b> An associate professor of Natural Products, Faculty of Pharmacy at Al-Azhar University, Cairo, Egypt
16:50	Buying Local, Saving Lives: A Case Study on Overcoming Aid Obstruction in Gaza (15 min).	<b>Dr Hala Abdelkahlek</b> Reform strategist, public administration scholar, and social entrepreneur
17:05	Resilient Health for Gaza: A Public–Private Partnership Model with Islamic Insurance, Digital Health, and Global Collaboration (15 min).	<b>Dr Hanan Qannan &amp; Mr. Abdelrahman Shat</b> Islamic Relief South Africa
17:20	Refeeding syndrome :The Art of Not Killing The Hungry(15 min).	<b>Prof Hassan Hisham</b> Emertius professor of pediatrics
17:25	The Power of Individuals in Confronting Starvation as a Weapon(15 min).	<b>Heba Rashed</b> Founder and CEO Mersal
17:50	Hidden reasons for aid and blockade: Nutritious food, and innovative solutions (15 min).	<b>Mr. Iyad Amawi</b> NGO and Palestinian humanitarian coordinator
18:05	Demystifying the role of AI in Crisis Management ( 15min).	<b>Prof Osama Mosalam</b> International Healthcare Management Consultant for WHO, UNFPA, UNDP, JICA and USAID
18:20	Q &A (10 min)	

CLOSING REMARKS 5 MIN

**Prof. Dr Sahar Talat**  
**Dr Abeer Omar**





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